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Counseling Problem Gamblers Tools And Resources: When Winning Is Lossing Revised For The DSM 5



Synopsis

This is the book the author wished he had when he first started working with problem gamblers. Counseling Problem Gamblers gives you the understanding and the tools to work with problem gamblers. It defines the behaviors, mindset and important terms when working with this population. This problem not only hurts the gambler but, also the family as well. This book covers how problem gambling behaviors effects family members and how to help. If you are looking for tools and techniques on how to help problem gamblers then you have come to the right place. This book lists over 65 techniques to help people abstain from gambling. It goes over the 6 different types of gamblers. This book covers the do's and don'ts when working with this poplation. This book also has a list of treatment goals to help clarify what needs attention. Counseling Problem Gamblers gives you state and national resources to help you find help in the United States. This book is a must have for any counselor dealing with problem and compulsive gambling.

Book Information

File Size: 584 KB

Print Length: 143 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 26, 2012

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00ADWYWT0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #401,192 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

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#37 inÃ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Gambling #328

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Customer Reviews

"Addiction is a chronic, predictable, progressive and fatal illness. If left untreated, it will result in premature death."Gambling is one of the fastest growing epidemic's in the USA and the world. An invisible disability that many do not see until the damage and destruction has been done. Stuart Cline has written a brilliant book to help the gambling addict in recovery, achieve success in his/her world on all levels. The success rate statistically over the years has been very low for the recovering addict; because there have been many missing elements needed to achieve success. Stuart Cline has searched and researched for these missing elements over the years, while helping hundreds of clients move out of addiction and misery, and has seen what works and what does not work. Confidence, success, sobriety and a bright future, now reachable, achievable, attainable... right now! Every moment counts with an addict... unless the addict goes into recovery ... their addiction to gambling will possible drown their families, friends and self in a sea of debt and poverty...leaving many in homelessness, despair, bad credit and reputation... the last years of an addict possible spent in a hospital, mental institution, prison or forgotten, unclaimed in a morgue some where, abandoned by confused, angry, some times destitute loved ones. Statistics on gambling...-The most innocent gambler has to remember that he has 5% of chances to risk something that will change his\her life.-In the USA there twice as more addicted gamblers, than cancer patients.-Americans that live within 50 miles near the casino, have the doubled rate of going there and becoming addicted.-Each compulsive gambler in the USA just costs the economy approximately \$16,000 per year.-25% of addicted gamblers have tried to commit suicide, and Nevada has been the center for such attempts for the last 12 years.-Harvard research presents that 92% of 80 addicted gamblers tend to relapse.-Between 4% and 8% of American youngsters become addicted nowadays.-672,000 American college students and 35 millions of teens are addicted to gambling.If you, your loved one, friend, family, co-worker or known associate has a gambling problem ... the time to get them help is now... learn all you can about gambling... knowing what to do is a priority and Stuart has written out an escape plan..to escape the addiction and all the darkness...move into the light of hope and happiness... of what to do... so the addicted can leave their misery behind and build and create a beautiful life of health, happiness and true abundant wealth and prosperity... to be free once again... know what true abundance truly is..... if have these gambling addiction symptoms... or see them in another...this book "Counseling Problem Gamblers Tools and Resources"... explains very well...how to help self and others... and have a high level of functioning and brighter quality of life. One of best investments I ever made, was to purchase this book.This book helps me to see gambling addiction better...how to heal it in myself and others. I am now more of an asset then a liability in this world... and that makes me feel good.Diagnostic Criteria

for 312.31 Pathological GamblingA. Persistent and recurrent maladaptive gambling behavior as indicated by five (or more) of the following:...is preoccupied with gambling (e.g., preoccupied with reliving past gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble)...needs to gamble with increasing amounts of money in order to achieve the desired excitement...has repeated unsuccessful efforts to control, cut back, or stop gambling...is restless or irritable when attempting to cut down or stop gambling...gambles as a way of escaping from problems or of relieving a dysphoric mood (e.g., feelings of helplessness, guilt, anxiety, depression)...after losing money gambling, often returns another day to get even ("chasing" one's losses)...lies to family members, therapist, or others to conceal the extent of involvement with gambling...has committed illegal acts such as forgery, fraud, theft, or embezzlement to finance gambling...has jeopardized or lost a significant relationship, job, or educational or career opportunity because of gambling...relies on others to provide money to relieve a desperate financial situation caused by gambling-----Diagnostic Criteria from: [...]statistics from: [...]

I am more familiar now with Gambling Addiction and this book has helped me piece together some puzzles in my family life. Great info and sources! A bit of everything!

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